


Weakley County School Nutrition Program

Martin Middle School

October 2018 Menu

Milk choice & Fruit choice offered daily

“This institution is an equal opportunity provider.”

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pancake on a Stick	2 Cereal bar	3 Chicken Slider	4 Yogurt & Granola	5 Cocoa Bread
Beef Nachos Crispitos Nacho Cheese Salsa Potato Wedges Fresh Broccoli and Ranch Strawberry Cup	Corndog Cheese Sticks w/ Marinara Carrots w/ Ranch Pepper Fries Baked Apples Remember: National Custodian Day	Bacon Cheeseburger Chicken Fajita Lettuce, Tomato, Pickles, Onion California Blend Crinkle Cut Fries Peaches	Quesadilla Traveling Taco Mexican Beans Spanish Rice Mexican Taco Trimmings & Salsa Fruit Slushie 	BBQ Grilled Chicken Fish Nuggets Hushpuppies Glazed Carrots White Beans Slaw Cantaloupe
	OCTOBER 8-12 NO SCHOOL	October 15-19 National School Lunch Week		
15 Pillsbury French Toast	16 Cereal	17 Bacon, Egg, & Cheese Biscuit	18 Cinnamon Pretzel Stick	19 UBR
Crispy Chicken Sandwich Bacon Cheeseburger Lettuce, Tomato, Pickles Pepper Fries Baked Beans Mandarin Oranges	Chuckwagon Popcorn Chicken Hot Roll Glazed Carrots Green Beans Pineapple	Pollo Loco Chicken with Cheese & Spanish Rice Beef Taco Shredded Lettuce & Diced Tomato Chips/Salsa/Sour Cream Fiesta Refried Beans Banana	Sausage or Chicken Pattie Biscuit Gravy Tater tots Tomato Slices Baked Apples	Chicken Nuggets w/ Hot Roll Mini Corndogs Mashed Potatoes Bacon Green Beans Fruit Slushie
22 Cinnamon Roll	23 Cereal	24 Sausage and Biscuit	25 Bagel Strawberry Spread	26 Frudal
Chicken Philly Sub Meatball Sub Cherry Tomato and Dip Pepper Fries Pineapple	Chicken and Waffles Fried Bologna and Biscuit Hashbrown Casserole Carrots w/ Dip Pears	Beef Nachos Chicken Sandwich Lettuce, Tomato, Pickles, Onion Corn Baked Beans Mandarin Oranges	Mini Corn Dogs Spaghetti w/ Breadstick Slaw Glazed Carrots Peaches	Chicken Tenders w/ Hot Roll Sloppy Joe w/ Bun Cheesy Potatoes Spinach Salad Fruit Slushie
29 Petrified Pillsbury Mini Cinis	30 Mummified Muffin	31 Cackling Chicken Biscuit	NOV 1 Pop tart	NOV 2 Pillsbury Pancakes
Spooky “School” Pizza Goolish Grilled Cheese Crazy Curly Fries Creepy Carrots w/Dip Terrifying Tropical Fruit	Freaky Fish Sandwich w/ Cheese Chilling Chicken Rotel Horrorfying Hot Roll Monster Mashed Potatoes Frightful Fresh Salad w/ Cherry Tomatoes Grimacing Apple	Ghostly Chicken Sliders Howling Ham and Cheese Slider Lucid Lettuce, Tomato, Pickles Freaky Fries Batty Baked Beans Afraid Applesauce 	Sweet and Sour Chicken Crispy Steak Lo Mein Noodles Chinese Green Beans Broccoli with Cheese Grapes	Hamburger Steak & Gravy Pork Chopette w/ Gravy Garlic Bread Baked Sweet Potato Corn Pineapple